

SHISEIKAN CLASS TIMES AND INSTRUCTORS

* CHILDREN'S CLASS ** BUDO KENSHUKA is dedicated to the practice of KENJUTSU and AIKIDO

*** SPECIAL CLASS for LIMITED MEMBERS only.

	** BUDO KENSHUKA	INSTRUCTORS	JUDOKA	KENDOKA	KYUDOKA
MONDAY (月)	06:30-07:30 am	AOKI SENSEI		06:30-07:30 am	14:00-16:00
	* 17:00-18:00	AOKI SENSEI			
	*** 18:30-20:00	INABA MEIYO-SHIHAN	18:30-20:00	* 17:00-18:00	18:00-20:00
TUESDAY (火)	15:45-17:45	TANAKA MEIYO-KANCHO	* 17:00-18:00		
	18:30-20:00	UDAGAWA SENSEI	17:00-20:00		18:00-20:00
WEDNESDAY (水)	06:30-07:30 am	AOKI SENSEI			
	* 17:00-18:00	SASADA SHIHAN		* 17:00-18:00	
	18:30-20:00	YAMADA SHIHAN		18:30-20:00	18:00-20:00
THURSDAY (木)	15:45-17:45	TANAKA MEIYO-KANCHO			14:00-16:00
	18:30-20:00	ARAYA KANCHO			18:00-20:00
FRIDAY (金)	06:30-07:30 am	SASADA SHIHAN	* 17:00-18:00	* 17:00-18:00	
	18:30-20:00		17:00-20:00	18:30-20:00	18:00-20:00
SATURDAY (土)	* 15:00-16:00	FUKUTOKU SENSEI		* 15:00-16:00	14:00-16:00
	16:30-18:00	FUKUTOKU SENSEI		16:30-18:00	1st/2nd Saturday of the month only
	18:30-20:00	INAGAWA SENSEI			
SUNDAY (日)	08:30-09:30 am	UDAGAWA SENSEI (beginners' class)			
	* 10:00-11:00	ARAYA KANCHO			
	11:30-13:00	ARAYA KANCHO			
	*** 13:30-15:30	YAMADA SHIHAN			
	*** 16:00-18:00	INAGAWA SENSEI			