

SHISEIKAN CLASS TIMES AND INSTRUCTORS

* CHILDREN'S CLASS ** BUDO KENSHUKA is dedicated to the practice of KENJUTSU and AIKIDO

*** SPECIAL CLASS for LIMITED MEMBERS only.

	** BUDO KENSHUKA	INSTRUCTORS	JUDOKA	KENDOKA	KYUDOKA
MONDAY	06:30-07:30	AOKI SENSEI		06:30-07:30	14:00-16:00
	* 17:00-18:00	AOKI SENSEI		* 17:00-18:00	
	*** 18:30-20:00	FUKUTOKU SHIHAN/HORISHITA SENSEI		18:30-20:00	18:00-20:00
TUESDAY	15:30-17:30	HORIKOSHI SENSEI			
	18:30-20:00	UDAGAWA KANCHO	* 17:00-18:00		
			17:00-20:00		18:00-20:00
WEDNESDAY	06:30-07:30	KOYATA SENSEI			
	* 17:00-18:00	SASADA SHIHAN		* 17:00-18:00	
	18:30-20:00	SASADA SHIHAN		18:30-20:00	18:00-20:00
THURSDAY	15:30-17:00	HORIKOSHI SENSEI			14:00-16:00
	18:00-20:00	AOKI SENSEI			
	*** 18:30-20:00	FUKUTOKU SHIHAN			18:00-20:00
FRIDAY	06:30-07:30	SASADA SHIHAN	* 17:00-18:00	* 17:00-18:00	
	15:00-16:30	UDAGAWA KANCHO	17:00-20:00	18:30-20:00	18:00-20:00
SATURDAY	*** 12:30-14:00	FUKUTOKU SHIHAN		* 15:00-16:00	14:00-16:00
	* 15:00-16:00	FUKUTOKU SHIHAN			1st/2nd Saturday of the month only
	16:30-18:00	FUKUTOKU SHIHAN/HORISHITA SENSEI		16:30-18:00	
SUNDAY	* 9:00-10:00	UDAGAWA KANCHO			
	10:15-11:15	Beginners' Class			
	11:30-13:00	UDAGAWA KANCHO			
	*** 14:00-15:30	UDAGAWA KANCHO			
	*** 14:00-16:00	HORISHITA SENSEI			