

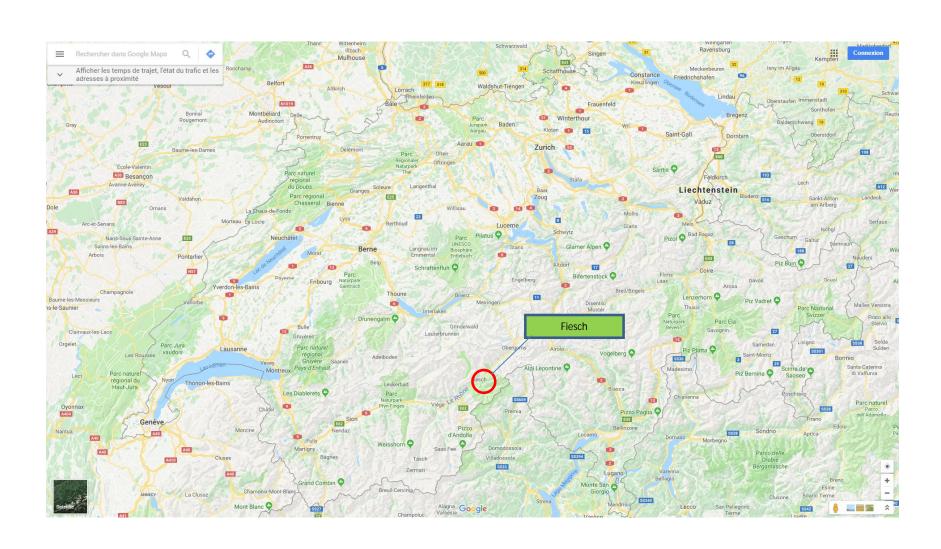
ISBA SEMINAR 2020

Swiss project

Fiesch

in the heart of the Swiss Alps

Sunday 16 to Saturday 22 August 2020



ISBAS 2020 Easy access

- By airplane to Genève, Zurich or Milano
- By train from Genève, Zurich or Milano airports to the dedicated station next to the resort (~3h)
- By car with free parking at the resort
- By bus options also possible

ISBAS 2020 Sport Resort Fiesch

https://www.sport-resort.ch/





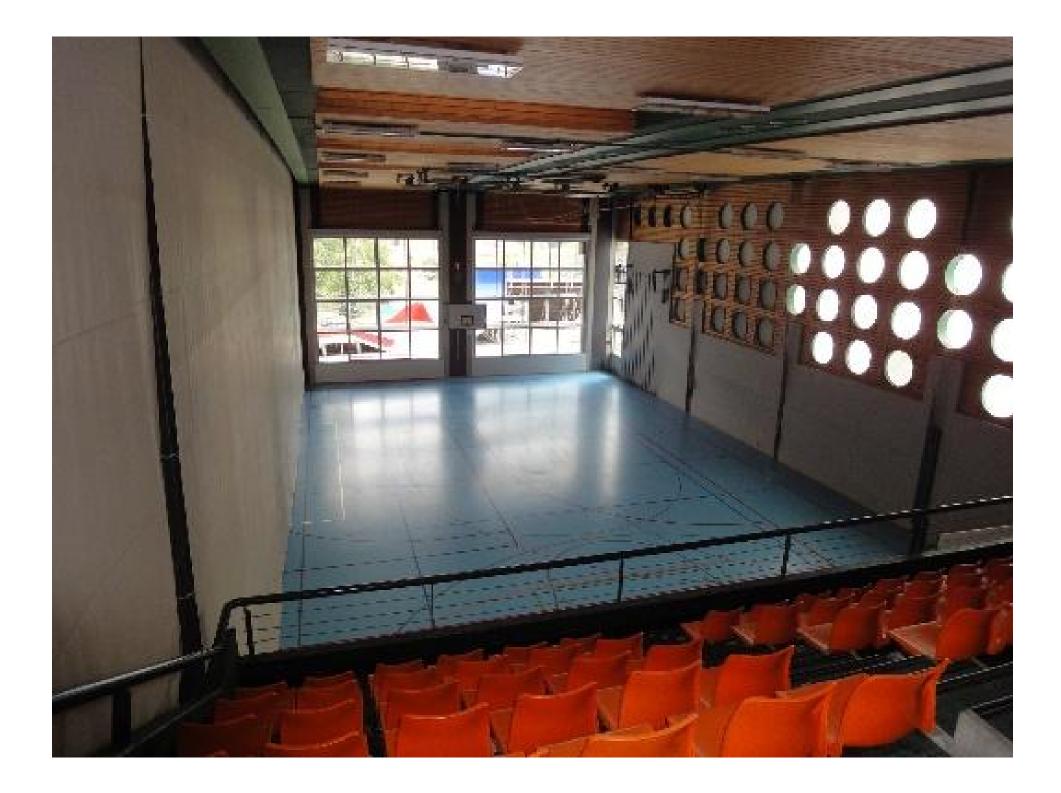




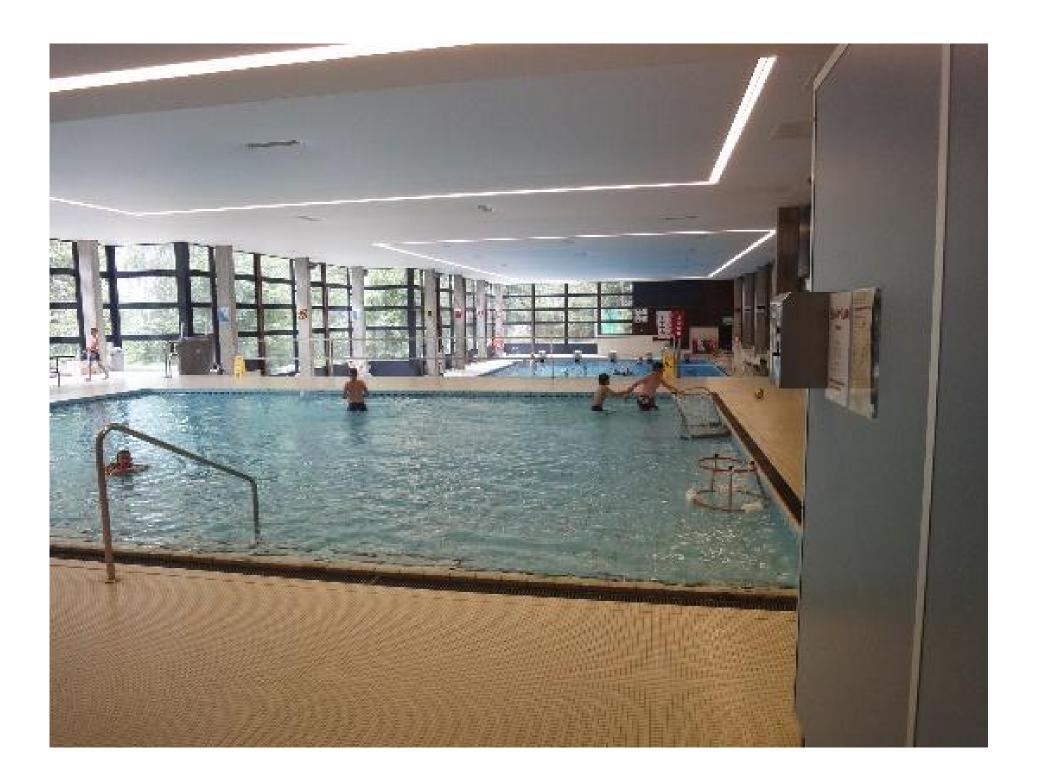


























Food and Beverage:

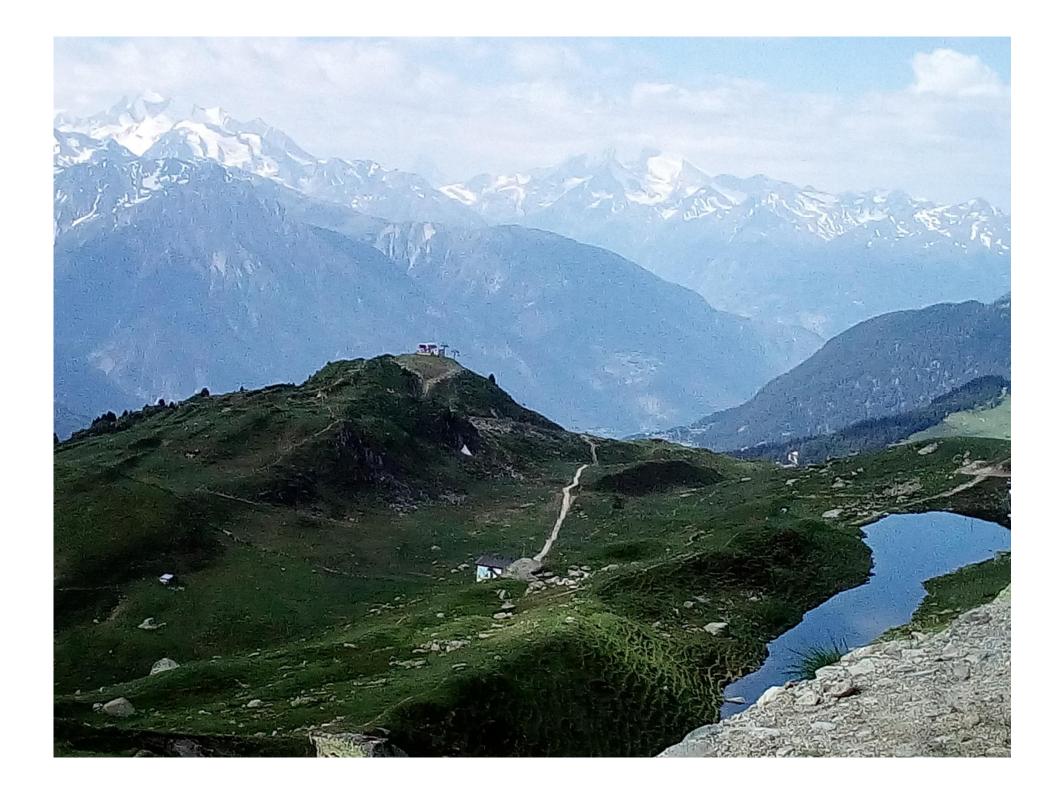
- Sustainable regional and local food
- Vegetarian and standard food anyway
- Vegan / Allergies / Intolerances to be announced
- Free mineral water source
- Yokoso and Sayonara party all inclusive
- Little shop on site
- Grocery store 5 minutes walk

Familly holiday in Youthhostel



Fiesch natural environment









Arrival Sunday - Departure Saturday

		IODA GUIIII	ner Jenima	riescii, s	WILLET IATIO	– preliminar	y schedule		
15 August 2020		16 August 2020	17 August 2020	18 August 2020	19 August 2020	20 August 2020	21 August 2020	22 August 2020	
Saturday		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	6.30 - 7.00							ris	6.30
	7.00 - 7.30		C	Free practice	Free practice	Free practice	Free practice		7.00
	7.30 - 8.00		Ceremony and dojo preparation					H)	7.30
	8.00 - 8.30	Burdfort	SId	Possil from	Donations	DIdI	B161	DIfI	8.00
	8.30 - 9.00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	8.30
	9.00 - 9.30								9.00 -
Japanese delegation arrival	9.30 - 10.00	Dojo preparation	Opening ceremony	Dojo cleaning		Dojo cleaning	Dojo cleaning		9.30 -
	10.00 - 10.30		Practice	Practice		Practice	Practice		10.00 -
	10.30 - 11.00								10.30 -
	11.00 - 11.30								11.00 -
	11.30 - 12.00 12.00 - 12.30		Group Photo	Free practice		Free practice	Free practice		11.30 - 12.00 -
	12.30 - 12.30		Group Prioto	Free practice		Free practice	Free practice		12.30
	13.00 - 13.30	Lunch	Lunch	Lunch	Cultural day	Lunch	Lunch	Japanese delegation and participants	13.00 -
	13.30 - 14.00								13.30 -
	14.00 - 14.30				+			departure	14.00 -
	14.30 - 15.00	2 2 2]		Nature training				14.30 -
	15.00 - 15.30	Board meeting							15.00 -
	15.30 - 16.00	ISBA Board & Shiseikan meeting	Dojo cleaning Practice	Dojo cleaning Practice		Dojo cleaning	Dojo cleaning		15.30 -
	16.00 - 16.30					Practice	Hono Embu Closing ceremony		16.00 -
	16.30 - 17.00								16.30 -
	17.00 - 17.30								17.00 -
	17.30 - 18.00 18.00 - 18.30	Participants arrival	Free practice	Free practice		Free practice			17.30 - 18.00 -
	18.30 - 19.00		rice practice	rice practice		riee practice		l.	18.30 -
Shiseikan & ISBA gratitude meal	19.00 - 19.30		Dinner	Dinner	BBQ				19.00 -
	19.30 - 20.00	Yokoso party				Dinner			19.30 -
re Board meeting	20.00 - 20.30		Pre General Assembly meeting	Scholarship lecture		General Assembly	Sayonara party		20.00 -
	20.30 - 21.00								20.30 -
	21.00 - 21.30								21.00 -
	21.30 - 2200								21.30 -

Planning for cultural day – Wednesday 19.08.2020

Plan A: Good weather

- Training in the nature followed by a pique nique
- Cable car and short easy hiking to reach the training ground
- 360° Panoramic view of Aletsch Glacier, Matterhorn, Jungfrau

Plan B: Bad weather

- Flexibility of moving the cultural day to Tuesday or Thursday

Plan C: Bad weather all week

- Wednesday morning indoor training
- Free afternoon, individual visits and use of sport facilities

Barbecue in the evening with any weather!!!

Participants: minimum 80, maximum 100 Budget from arrival to departure all inclusive

Early bird

Registration and payment before 31st of January:

CHF 650.-

(we need to reserve minimum number of rooms by January)

Regular bird

Between 1st February and 31st March:

CHF 680.-

Sleeping bird

Try after 31st of March, but no place guaranteed!

CHF 680.-

Summary of deadlines

«Save the date»	1st of december 2019			
Registration forms sent to participants	5th of january 2020			
Early bird registration	31st of January 2020			
Regular bird registration	31st of March 2020			
Confirmation	Payment day + 5 days			
Seminar	16th - 22nd of August 2020			