



FŪ TŌ KAN



Aïkido and Ken Jutsu Seminar

Technical leader:

Gildo Mezzo
7th Dan Aïkikai



With the participation of:

Adam Radecki 4th Dan Aïkikai
and **Chuden Kashima no Tachi**



Assisted by:

Bruno Senoner
5th Dan Aïkikai



Place:

Sport Resort Fiesch (<https://www.sport-resort.ch/>) with access to the full infrastructure of the Resort (swimming pool, minigolf, etc)

Schedule:

Arrival : Sunday August 16, 2020 before dinner

Training : Monday to Friday 10.00 - 12.00 and 15.00 - 17.00
Lessons will be partly common and partly in groups adapted to the level of the participants

Departure : Saturday August 22, 2020 after breakfast

Weapons:

Bring your own weapons Jo, Bokken, Bokuto, Fukuroshinai, Iaito and Shinken
Some weapons will be available for participants

Full pension and seminar for 6 days CHF 500.-

Possibility of organizing a training in nature and some sightseeing one day during the week depending on the weather and the interest of the participants (lunch picnic included, other costs not included)

Registration

by return email latest June 28, 2020 to
Cédric Schmidt cdrx@infomaniak.ch
or
Bruno Senoner bruno@futokan.ch

Payment after confirmation

Latest Juli 07, 2020, transfer of CHF 500.- onto
bank account :

Gildo Mezzo
c/o Bruno Senoner
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