FTK & SDK 2021 Aïkido & Ken Jutsu Seminar – Fiesch

	15.08.2021 Sunday	16.08.2021 Monday	17.08.2021 Tuesday	18.08.2021 Wednesday	19.08.2021 Thursday	20.08.2021 Friday	21.08.2021 Saturday	
7.45 – 8.00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		7.45 – 8.00
8.00 – 8.30							Breakfast	8.00 – 8.30
8.30 – 9.00								8.30 – 9.00
9.00 – 9.30		Clean the dojo	Clean the dojo	Télécabine to Fiescheralp	Clean the dojo	Clean the dojo	Check out	9.00 – 9.30
9.30 – 10.00		Common Training	Common Training		Common Training	Common Training		9.30 – 10.00
10.00 – 10.30				Training at Fiescheralp			Departure	10.00 – 10.30
10.30 – 11.00								10.30 – 11.00
11.00 – 11.30								11.00 – 11.30
11.30 – 12.00			Group photo			Group photo		11.30 – 12.00
12.00 – 12.30		Lunch	Lunch	Pique Nique	Lunch	Lunch		12.00 – 12.30
12.30. - 13.00								12.30. - 13.00
13.00 – 13.30				Télécabine to Eggishorn and return to Fiesch Sport Resort				13.00 – 13.30
13.30 – 14.00								13.30 – 14.00
14.00 – 14.30								14.00 – 14.30
14.30 – 15.00		Clean the dojo	Clean the dojo		Clean the dojo	Clean the dojo		14.30 – 15.00
15.00 – 15.30		Training in groups	Training in groups		Training in groups	Training in groups		15.00 – 15.30
15.30 – 16.00								15.30 – 16.00
16.00 – 16.30	Arrival of participants and check-in			Sport Resort Pool, minigolf etc. as you wish				16.00 – 16.30
16.30 – 17.00								16.30 – 17.00
17.00 – 17.30		Free training	Free training		Free training	Clean the dojo & tatamis		17.00 – 17.30
17.30 – 18.00								17.30 – 18.00
18.00 – 18.30	Dinner	Dinner	Dinner	Barbecue	Dinner	Barbecue & Sayonara		18.00 – 18.30
18.30 – 19.00								18.30 – 19.00
19.00 – 19.30								19.00 – 19.30
19.30 – 20.00	Prepare tatamis	Free training, visit to Fiesch or other free time	Free training, visit to Fiesch or other free time		Free training, visit to Fiesch or other free time			19.30 – 20.00
20.00 – 20.30								20.00 – 20.30
20.30 – 21.00								20.30 – 21.00
21.00 – 21.30								21.00 – 21.30
21.30 – 22..00								21.30 – 22..00