



AIKIDO DOJO MAINZ

“To me the modern concept of Bushidō means to make a difference, even as a single person.”

Anita Köhler

With an annual memorial seminar we aim to celebrate the commitment and unique influence of Anita Köhler to the international budo community and to commemorate her life.

Anita has always been most focused on her journey, to strive forward and evolve without being deterred by any limitations. With this spirit she paved the way for all who wanted to accompany her. Join us as we are continuing on this journey together.

Teacher and topic

Adam Radecki is kenjutsu instructor at Warsaw Budojo since 2005. He and Anita met during summer seminars with Inaba sensei in Europe. Together they took part in the first leaders' seminar at Shiseikan in 2009. In the following years they cooperated closely during GERK (Group of Europeans Researching Kashima) project and Budo Spirit Research Seminars in Germany and Japan. They also worked arm to arm for 4 years in ISBA Board.

Lecture

In the course of her presentation, Dr. Annika Hansen, expert in shinto and budo, will take us onto a spiritual journey to important principles and powers linked to budo spirit, especially the so-called female principle and female power that all humans possess, and she will explain to us why they were important to Anita. As cultural advisor and longtime companion on the path of budo, Annika assisted Anita on many journeys.

3. Anita Köhler Memorial Seminar

Instructor

Adam Radecki

Date

15. - 16. October 2022

Organizer

Aikido Dojo Mainz e. V.

Location

Aikido Dojo Mainz e.V.
Walpodenstrasse 5
55116 Mainz

Seminar fee

The whole weekend: regular 80 €, reduced rate 60 €. The reduced rate is meant for students, apprentices, unemployed people, pensioners and guests from abroad. The reduced participation fee also applies to all members of dojos in the ISBA.

Schedule

Saturday October 15th

10:00 a.m. – 12:30 p.m. Taijutsu/Kenjutsu
12:30 p.m. – 15:00 p.m. Lunch break
15:00 p.m. – 17:30 p.m. Taijutsu/Kenjutsu
18:00 p.m. – 19:30 p.m. Lecture and discussion
19:30 p.m. – open end Going out for Dinner

Sunday October 16th

10:00 a.m. – 13:00 p.m. Taijutsu/Kenjutsu

Please equip

Bokken and fukuroshinai

Accommodation

Free accommodation at the Dojo is possible. Do not forget to bring your sleeping bag and mat. Please state your interest via e-mail.

Note

All participants are attending the seminar at their own risk. Neither the organizer nor individuals assume any form of liability.

We refer to the latest directive of the state Rhineland-Palatinate regarding the controlling of the corona pandemic. If this region is declared unsafe, and it becomes foreseeable that the attendance at this seminar would be a potential risk to the participants, the seminar will be cancelled in due time, and no seminar fees will be charged. All registered participants will be kept up to date on that matter.

Registration

Please register via kontakt@aikidomainz.com