

Landesportschule Ruit

ISBA Seminar 2026



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Unfortunately the webpage of the Landessportschule is only in German. This document is a presentation in English of the most important features we will use or that are relevant for our seminar. All information were extracted from the webpage and translated.

1. Sport halls

1.1. Sport hall 1 (Spielhalle)

- Size: 44m x 22m (may be divided in 2 halves)



- 12 m² Judo tatamis

1.2. Sport hall 2 (Multihalle)

Size: 30m x 26,5m (may be divided in 2 halves)

Only from Monday to Friday



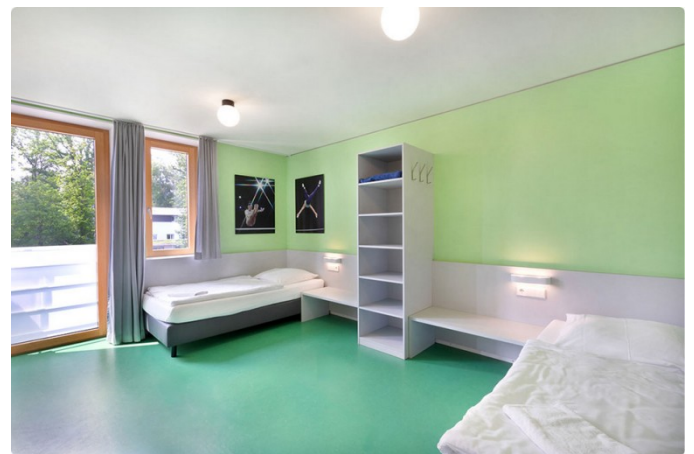
2. Meeting room capacity up to 80 people



3. Accommodation (2 Buildings)

3.1. Campus building (capacity 66 people)

- 33 double rooms
- Reception
- Sauna in the basement



- every room has its bathroom with toilet and shower

3.2. Forest house (capacity 81 people)

- 34 double rooms (2 handicapped accessible)
- 13 Single room (1 handicapped accessible)
- Every room has its bathroom with toilet and shower



4. Catering

4.1. Meals

- Breakfast: 7:00 - 8:30
- Lunch: 11:30 – 13:00
- Evening meal: 17:30 – 19:00

Buffets with whole and vegetarian food.

4.2. Cafeteria, Stube, Soda vending machine

Possibility to sit with friends for discussion and have a drink in the Stube (from 19:30 to midnight) or in the cafeteria.

5. Reachability

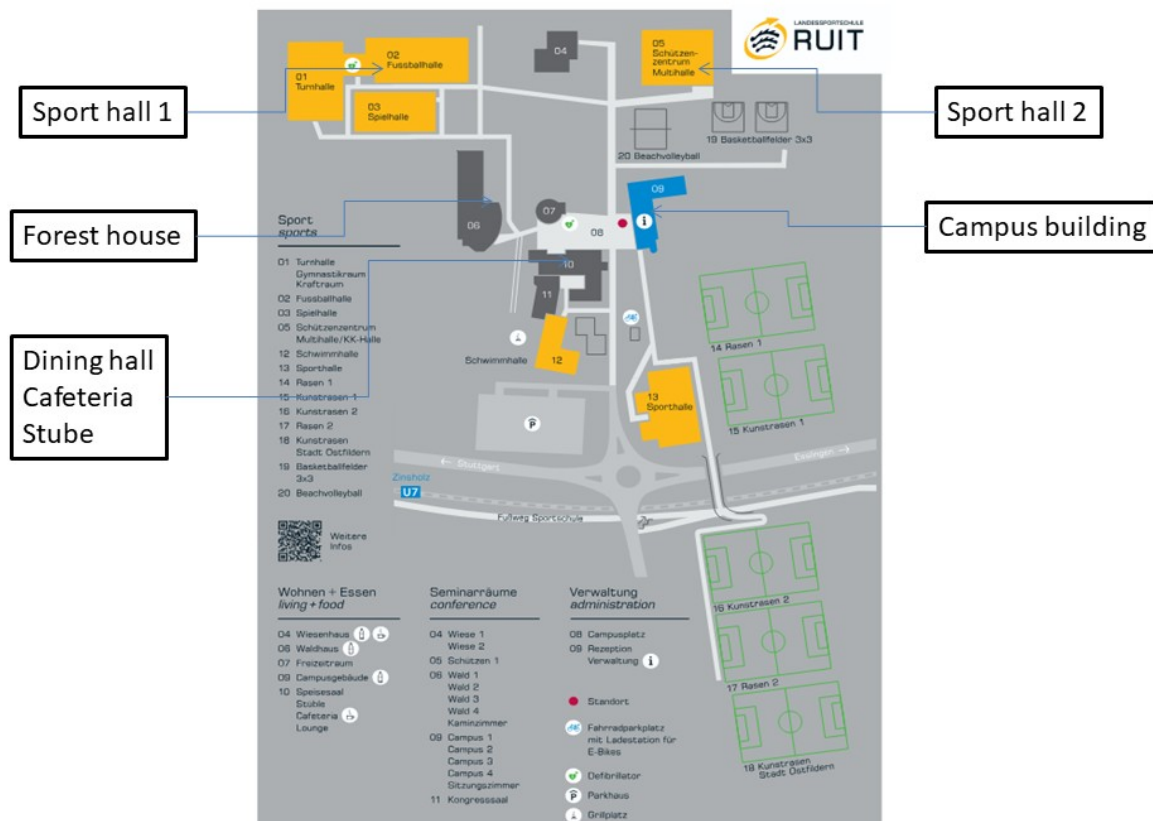
5.1. From Stuttgart airport (13 km)

- by car, taxi: 20min
- Public transports: 50min

5.2. From Stuttgart central station (12 km)

- By car, taxi: 30min
- Public transports: 31 min

6. Location plan



7. FAQ

7.1. Alcohol

It is not permitted to bring Alcoholic beverages into our state sports school. You are welcome to take advantage of our offerings in the restaurant, in accordance with the Youth Protection Act.

7.2. Check-in/Check-out

Rooms are available from 1 p.m. You can store your luggage in the lockers in the campus building before the course begins. On the day of departure, rooms must be vacated by 9 a.m., but luggage can be left in the seminar room.

7.3. E-bikes/E-Cars

Charging facilities are available

7.4. Restaurants/Cafeteria

For coffee, the cafeteria (in the dining hall) is open daily until midnight. Please remember to bring change for the coin-operated machine. Our restaurant offers a selection of drinks and small snacks at reasonable prices. It is open from 7:30 p.m. to midnight.

7.5. Drinks vending machines

There is a drinks machine in every building. You are not permitted to bring your own drinks.

7.6. Liability/Damages

Any damage must be reported immediately to the staff at reception, even if it is not yet clear who caused the damage or how it was caused. Each person is liable for any damage they cause in the sports school through improper use.

7.7. Towels

Towels for daily use are provided in the rooms. Please bring your own towel for use in the halls if necessary.

7.8. Food allergies

Please let us know if you have any food intolerances. If you have not done so in advance, please let us know upon arrival. In most cases, the kitchen can accommodate your needs.

7.9. Night's rest

To ensure that all guests get a good night's sleep, we ask that you observe quiet hours after 11:00 p.m. This applies both in the rooms and throughout the entire premises. Special times call for special measures. The health of our course participants, lecturers, and sports school staff is, of course, our top priority.

7.10. Parking

You can park in our parking garage free of charge for the entire duration of your course.

7.11. Smoking

As a smoke-free state sports school, please observe the smoking ban throughout the entire premises of the state sports school. Smoking is only permitted in the designated smoking area. The consumption of cannabis and other intoxicating substances, in any form, is expressly prohibited throughout the entire premises of the state sports school.

7.12. Loss of room keys

The cost of losing a room key will be charged at €350.

7.13. Animals

Animals are prohibited on the entire campus.

7.14. WIFI

Wi-Fi is available throughout the campus. You can scan the code for this at the reception desk.

7.15. Rooms

All rooms are equipped with a shower and toilet. Please bring your own hair dryer and toiletries.